

Wellness to go.

Our Lunch^x Series offer bite-sized portions of health and happiness that will motivate all members of your team.

These aren't your typical lunch n' learns. Motion Infusion Lunch^x Series feature a fresh buffet of easy-to-digest wellness talks that blend scientific research with engaging exercises – all finished off with a good dose of fun.



A SNAPSHOT OF TALKS
WE OFFER:

Living with Vitality

Goals Built to Last

Get Moving

Get Resilient

Stand Up for Being the Change

Ready to invigorate and inspire your workforce?

Call Laura at 415-310-5505 or email laura@motioninfusion.com.

